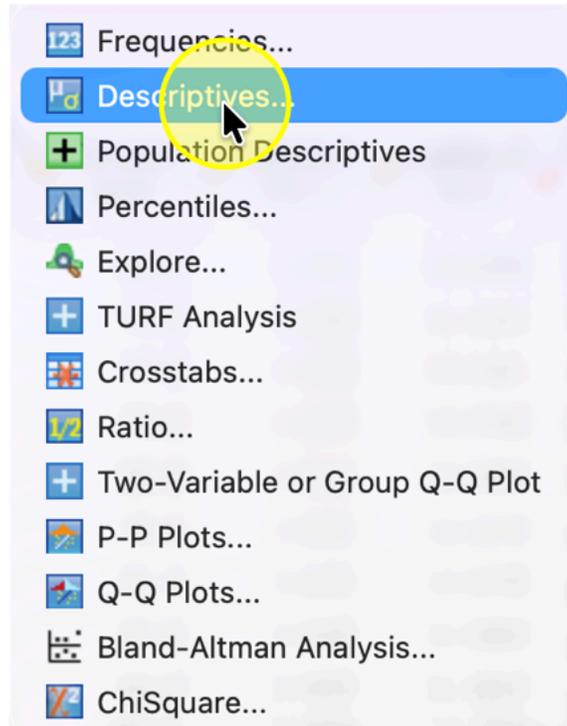
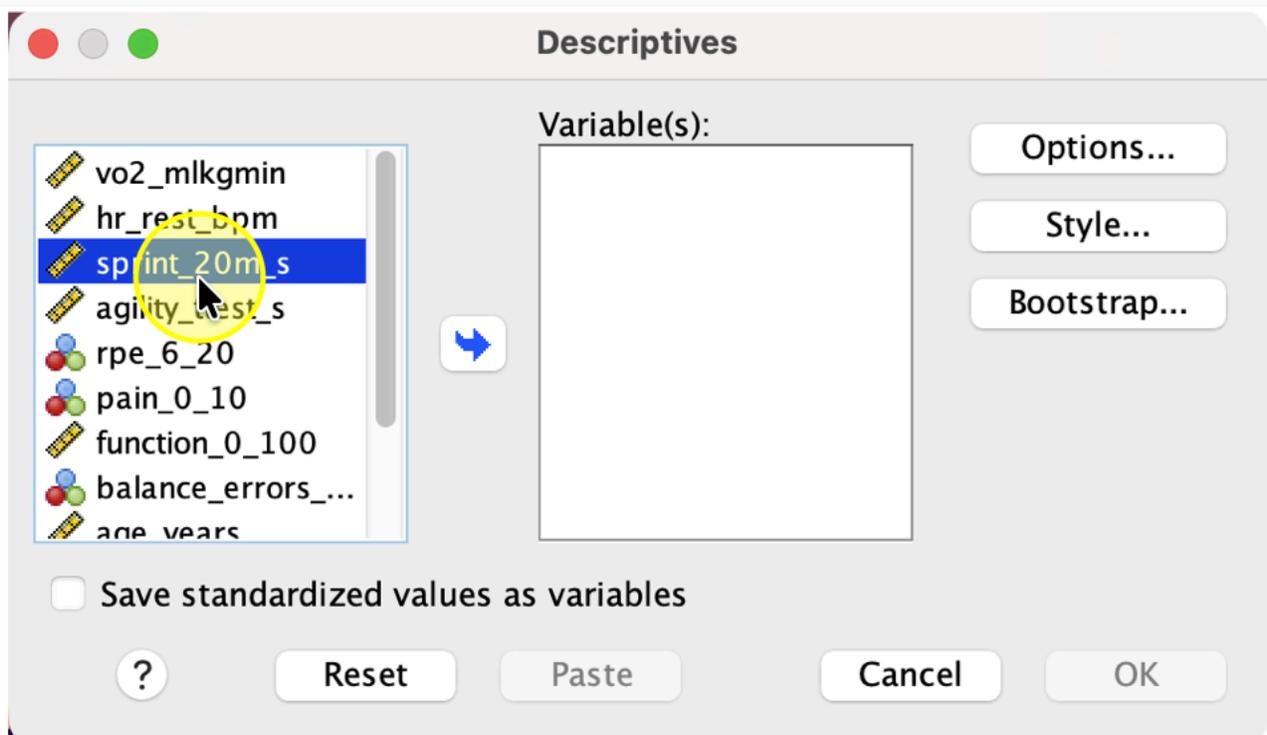


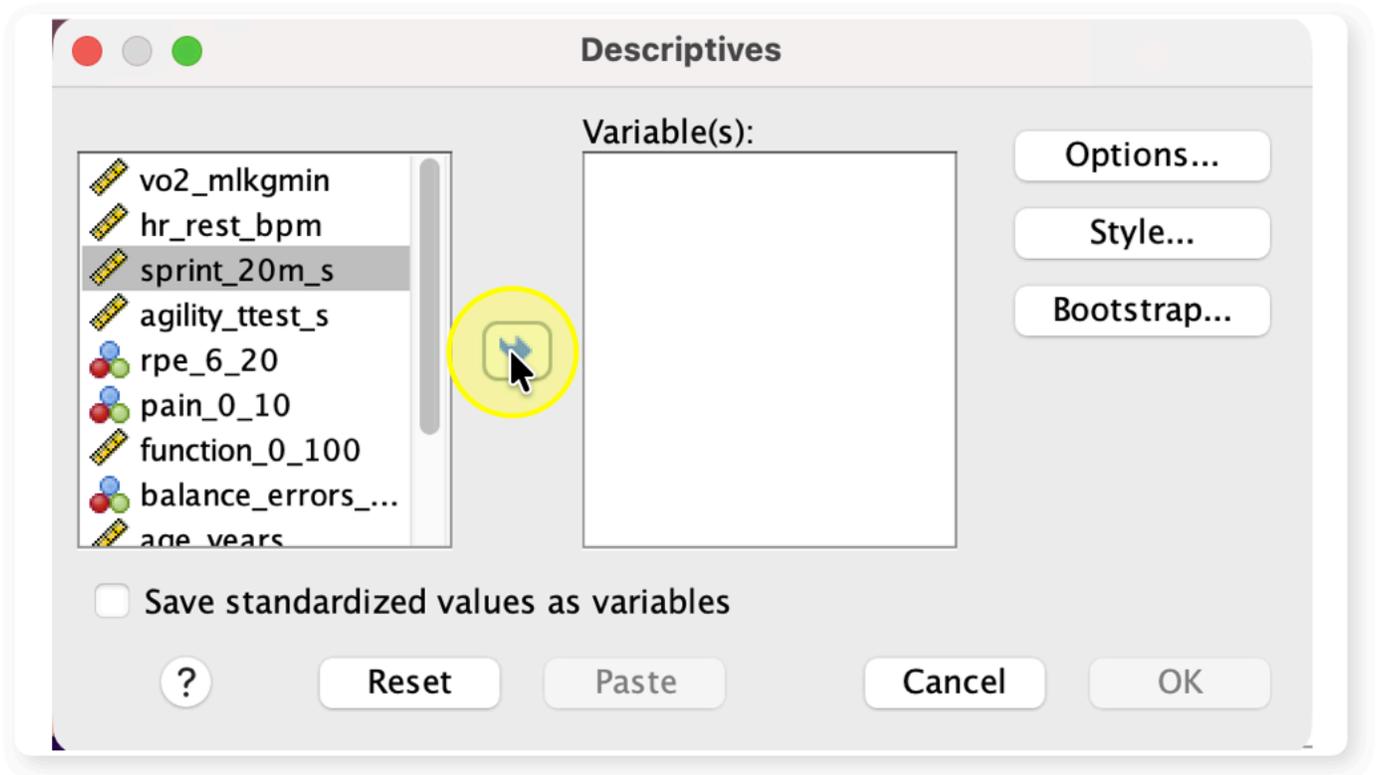
1 In SPSS, click on Analyze > Descriptive Statistics > Descriptives



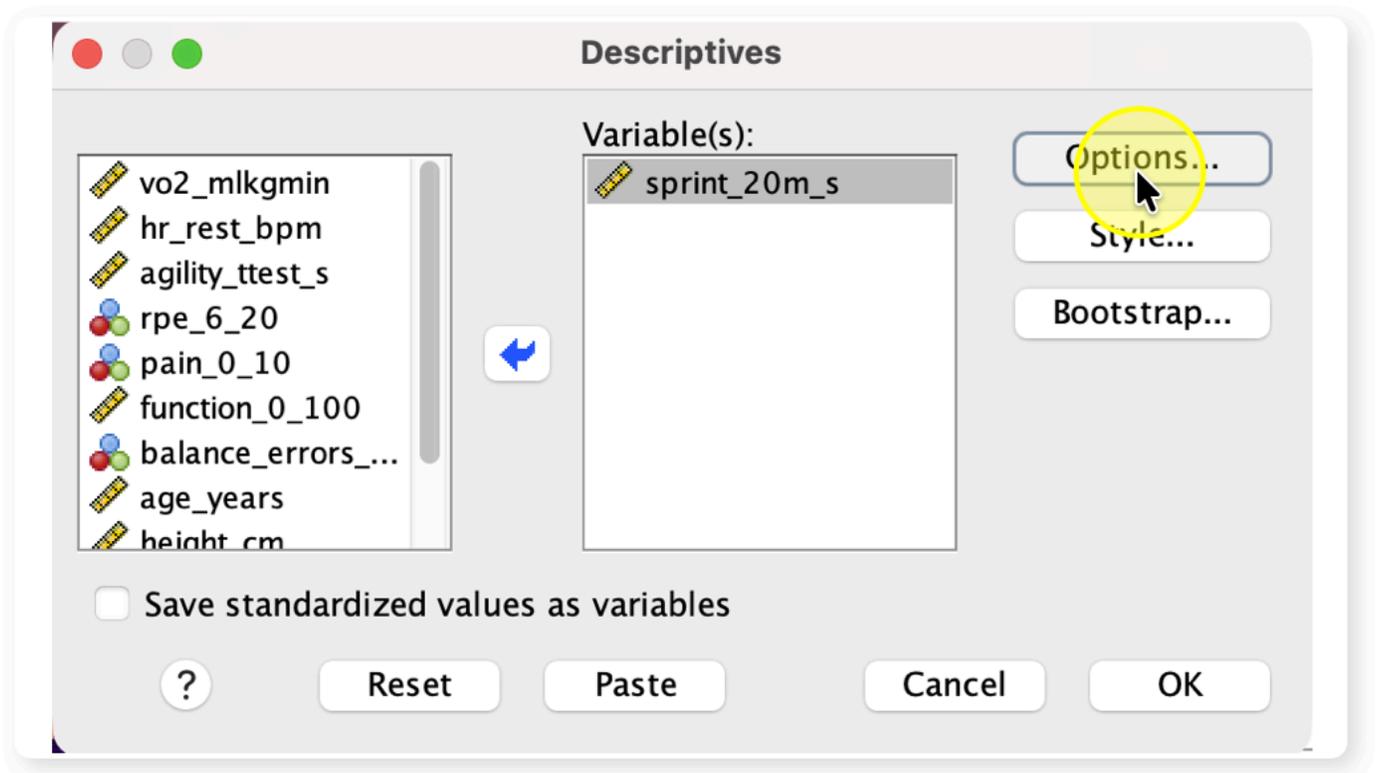
2 Move the variable of interest to the Variables box.



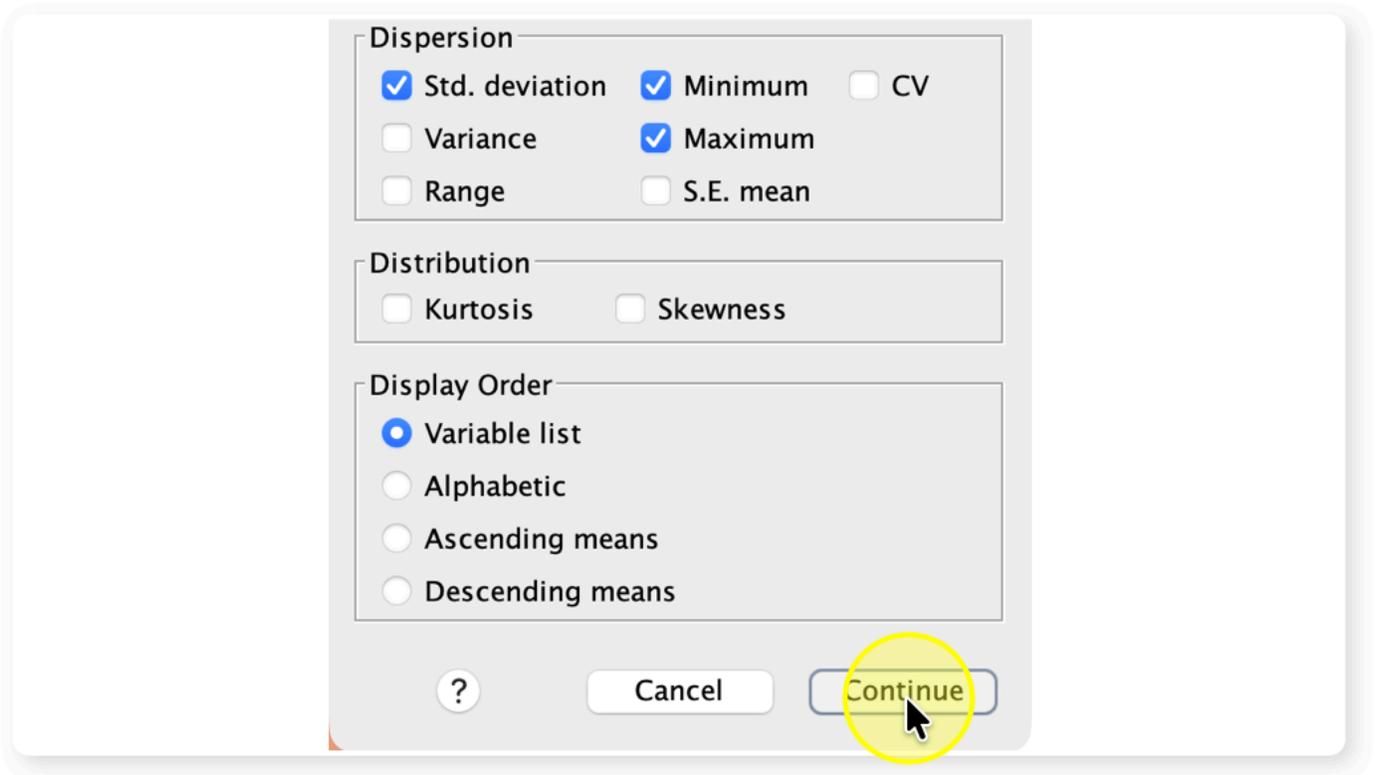
3 Click here



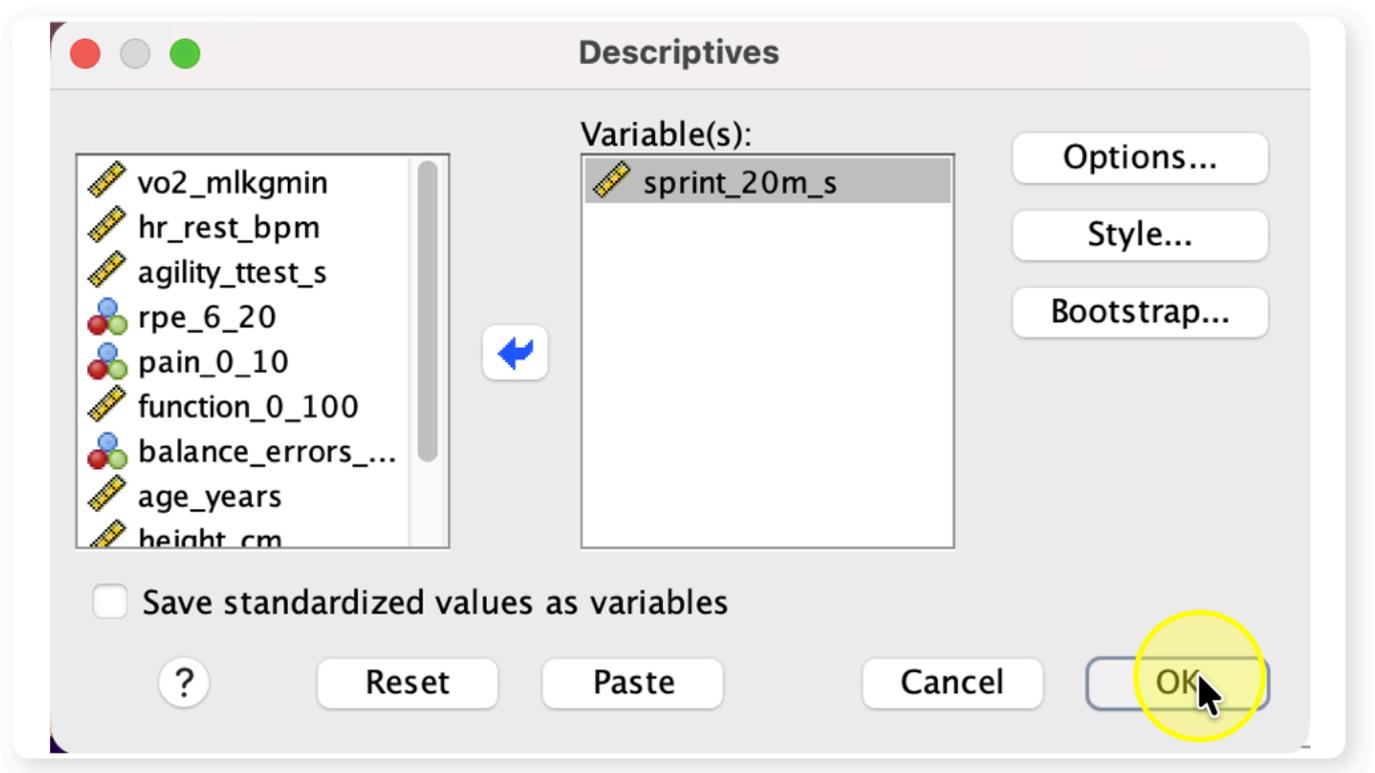
4 Click on "Options..."



5 Select the measure(s) you need and click on "Continue"



6 Click OK



7 Inspect the output.

```
sex_category A6  
height_cm F5.1  
mass_kg F5.1  
training_age_years F5.2
```

**Descriptives**

[DataSet1]

	N	Minimum	Maximum	Mean	Std. Deviation
sprint_20m_s	175	2.866	4.779	3.80315	.370315
Valid N (listwise)	175				

Table

IBM SPSS Statistics Processor is ready 